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If your freezer has been covered by floodwater, the food inside may have been damaged and become unsafe. Such food should be thrown away.

If the freezer was not covered by water, but you suspect that a power outage occurred, follow these guidelines:

 Inspect every food item for signs of spoilage, such as bad smell, sliminess or visible molds. Throw away all food that shows any of these signs. The following foods can be saved if they do not show any sign of spoilage:

- Any food that still contains ice crystals.
  Such food can be refrozen.
- Any thawed food that is still cold (40 degrees F or below). Such food should be thoroughly cooked or eaten immediately. Once cooked it can be refrozen.

When it comes to food safety always remember: "when in doubt, throw it out".

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